



January 2019

- 3 Return to School
- 4 Stakeholder Action Group Mtg. 2:30
- 7 PTA Board Mtg. 10:00
- 9 Report Cards Sent Home
- 18 Early Dismissal 12:35
Agency Coordination Training Exercise @ Hurst
- 21 No School
Martin Luther King, Jr. Day
- 22 Early Dismissal Parent/Teacher Conferences 1:15-6:15
- 23 Early Dismissal Parent/Teacher Conferences 1:15-4:15
- 25 Community Morning Meeting 9:15
- 30 Pizza & Paint Night

Mission

Allemands Elementary School is committed to building the foundation of life-long learning for all students in a safe, respectful environment.

Principal's Message

Welcome to 2019! This is such an exciting time of year. We can reflect on our first semester and make plans for a successful ending to our year. We are focused on continuing to make great things happen in the second semester at AES. Our faculty and staff are committed to doing whatever it takes to reach our destination, success for all. We appreciate your continued support and involvement, and we have planned many future activities to allow us to work together. One thing you can do at home is set goals with your child. Sit with him/her and talk about personal goals for their success. After choosing the goals, create specific action plans to improve; some may include reading every night, practicing math nightly, listening and following directions, and completing all homework and projects. This month we will host our second parent teacher conferences for this year. We will review your child's report card with you at this time; please make every effort to attend. Let's continue working together to help your child reach new heights. Thanks again for trusting us with your precious children. We take that responsibility very seriously. Happy New Year!

Lisa Perrin

Principal

Vision

The faculty of Allemands Elementary School embraces the education of all students as our top priority by providing a positive foundation for success. Our school prepares students to meet the challenges within the changing society of the 21st century while preserving our historical culture. There is a profound commitment from stakeholders to help all students to become college and career ready, creating life-long learners. Our school provides a safe, stimulating atmosphere that is created through respect for self, others, and our environment. Actively engaged students aspire to reach their full potential, reflecting the high expectations among our faculty, families, and community.

Values/Beliefs

At Allemands Elementary School we believe...

-A physically and psychologically safe environment is essential to promote student learning.

-A student's self-esteem is enhanced by positive relationships, open and honest communication, and mutual respect among peers, families, community members and school personnel.

-All students and staff meet high expectations for achievement and success by engaging in challenging and relevant work.

-All children can learn at higher levels when supported daily by a variety of instructional strategies and resources within their school, families, and community.

-Student achievement and teacher effectiveness increase when teachers and students use a variety of questions and/or prompts to advance high level thinking.

-We are...One School, One Team, Making a Difference!

-Excellence is worth the cost.

Kindergarten News

Welcome back to school! We hope that everyone had a joyful and restful holiday. As we begin the 3rd quarter, we will be focusing on using the reading strategies we have learned in the first half of the school year. These skills include looking at the pictures, getting your mouth ready, and stretching out the words we see in stories and when writing. New decodable stories will be introduced weekly. It is vital that your child knows all letters and sounds and is able to blend and segment words. Knowing all letters and sounds is the basic skill to becoming a successful reader and writer. We will continue learning about seasons. In addition to writing opinion pieces, we will learn how to compose informational texts. We have become familiar with numbers through identifying, writing, counting, and comparing sets. We will extend our thinking through the use of number bonds. Students will begin to realize that two numbers put together make a larger number. Students will focus less on using their fingers and more on using manipulatives to show numbers. Continue to help your child to be successful in this second half of kindergarten by reading to your child and assisting as they complete homework each night.

First Grade News

Happy New Year to all!! We are excited to start the second half of the school year! We will start by reviewing rules and expectations in the classroom. Please remind your child the importance of following C.A.R.E.S. and the Allemands Essential 11. In guidebooks, we will continue our unit Mooncake. In math, we will start place value. Students will soon have an understanding that each digit in a 2 digit number represents the amount of tens and ones. Students will also begin using the symbols $<$, $>$, and $=$ to compare numerals. We will have parent teacher conferences January 22 and 23. We look forward to seeing you there. Thanks for all of your support!

Second Grade News

Happy New Year! We will begin the New Year by revisiting our classroom rules, routines, and procedures. Each student will review their "hopes and goals" from the beginning of the school year. If the "hope and goal" has been reached, new ones will be written. To prepare for fluency when adding and subtracting with three digit numbers, students should have addition and subtraction facts to 20 memorized, so please continue practicing math facts at home.

Don't forget to read at night with your child. A resolution to read and retell as many books as possible would be fun for the new year! Your family can welcome winter by checking out a cool book like Winter is the Warmest Season by Lauren Stringer. Remember to have your child retell books in sequential order. The conversation you have about the book after reading is just as important. You can discuss the genre, characters and their traits, favorite part, connections, main idea, and the central message. Students will write letters and informational compositions. You can also have your child keep a journal of the learning adventures they have at home and school. Working together, it is going to be a great 2019!

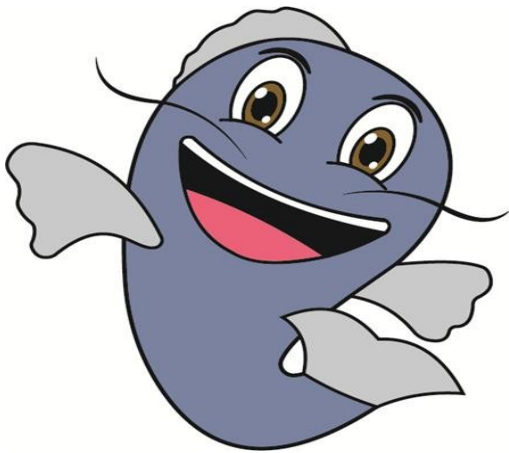
French News

Bonne Annee! Happy New Year! As we settle back into our daily school routine, we will be revisiting rules. Kindergarten will be learning the French alphabet. First and second graders will review numbers, colors, and classroom direction words. I am looking forward to a great month of French!



Winter Wear

Please remember to label your children's coats, hats and gloves.



Please donate your gently used school uniforms.



E-Newsletter

As part of our efforts to embrace technology, take care of our environment, and monitor spending, we will transition from paper to electronic newsletter delivery. Beginning in October, Allemands Elementary will deliver the monthly school newsletters via email. Additionally, the school newsletter will be posted to the school's web page. If you would like a printed copy of the school newsletter, please notify Lakia Butler at Lbutler@stcharles.k12.la.us and a copy will be sent home each month with your child. Thank you.

C.A.R.E.S

Cooperation

I can work with others.

Assertion

I can speak up for myself and others.

Responsibility

I can make smart choices.

Empathy

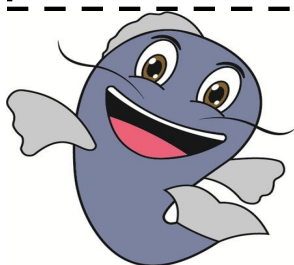
I can understand others' feelings.

Self-Control

I can think before I speak and act.

Stakeholder Action Group

Our first Stakeholder Action Group was held on September 21st. We reviewed our School Improvement Plan Action Steps and had amazing discussions. The next Meeting is on January 4th. at 2:30. We invite everyone to attend.



Share With FINLEY

Finley would like to hear from parents that might have suggestions for school improvement or have an example of their child showing CARES at home or in the community. Each month we will feature this section. Finley is interested in hearing your input. Please write suggestions, positive comments or concerns and return it with your child. Finley will print a follow up letter in our next monthly issue.

Questions or Suggestions for School Improvement or example of student showing CARES:

Your name (optional) _____

NURSE'S NOTES

A healthy school environment requires the cooperation and effort of us all working together. During this time of year we tend to see a higher incidence of strep throat, influenza, and pink eye, as well as respiratory and gastrointestinal illnesses. There are ways that you can help to protect yourself and your family from many of these illnesses. Follow the Habits for Good Health listed below recommended by the Center for Disease Control.

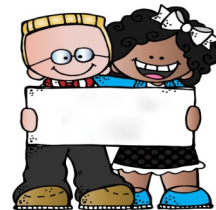
Habits for Good Health

- **Cover your nose and mouth with a tissue when you cough or sneeze**—throw the tissue away after you use it. If you do not have a tissue, cover your mouth and nose with the inside of your elbow. For more information watch the video@ www.coughsafe.com.
- **Wash your hands often with soap and water especially after you cough or sneeze.** If you are not near water, use an alcohol based hand cleaner.
- **Stay away, as much as you can, from people who are sick.**
- **If you or your child gets the flu, stay home from work or school.** Do not go near other people so that you don't make them sick too.
- **Try not to touch your eyes, nose, or mouth.** Germs often spread this way.
- **Dress for the weather.** Come to school dressed for the winter. Wear layers of loose fitting clothing. Wear mittens and gloves. Wear a hat. Remember, the air that is trapped inside your clothing, warmed by your body heat, is the best protection from the cold.
- **Please note:** Children who have a fever or who need to take antibiotics for infections such as strep throat, pink eye, ear infections, etc., should stay home until they have taken the medicine for at least 24 hours, their temperature is less than 99.6 (without fever reducing medicine), and they feel better. Some children and some illnesses take more time to recover from than others. When children return to their normal sleeping and eating habits they are usually well enough to return to school. Please note that your child should come to school feeling well enough to participate fully in all school activities including going outside in the winter.

Melissa Schexnaydre, RN
School Nurse

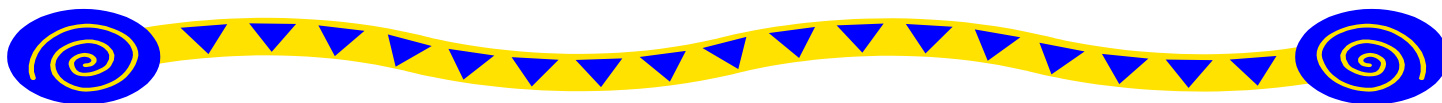
Allemands Elementary Family Center

Together We Can Make a Difference



Dunia Kennedy: dkennedy@stcharles.k12.la.us
Mondays, Wednesdays, and Fridays

Phone: 985-758-7427
Hours: 8:30a.m. – 3:30p.m.



School Attendance: A Key to Success

One of the most important things your child can do to achieve academic success is also one of the most basic: going to school every day. In fact, research has shown that your child's attendance record may be the biggest factor influencing her academic success.

Benefits of daily attendance

By attending class regularly, your child is more likely to keep up with the daily lessons and assignments, and take quizzes and tests on time.

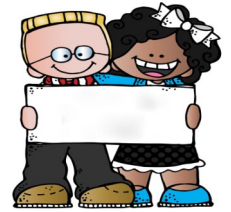
There are other benefits as well:

- **Achievement:** San Diego Unified School District found that students who attended school regularly were more likely to pass reading and math assessments than students who didn't attend school regularly.
- **Opportunity:** Being in school every day gives students a chance to learn the information needed for academic success.
- **Exposure to the English language:** Regular school attendance can also help students who are learning English by giving them the chance to master the skills and information they need more quickly and accurately — even in other subjects!
- **Being part of the school community:** Just by being present at school, your child is learning how to be a good citizen by participating in the school community, learning valuable social skills, and developing a broader world view.
- **The importance of education:** Your commitment to school attendance will also send a message to your child that education is a priority for your family, going to school every day is a critical part of educational success, and that it's important to take your responsibilities seriously — including going to school.

Students who miss days, weeks, or months of school at a time will have a difficult time passing their courses and catching up to their peers. For older students, prolonged absences may make it very difficult to graduate from high school.

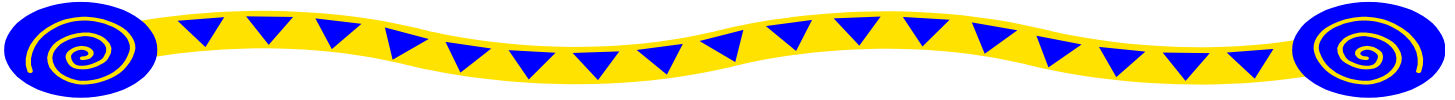
Allemands Elementary Family Center

Together We Can Make a Difference



Dunia Kennedy: dkennedy@stcharles.k12.la.us
Mondays, Wednesdays, and Fridays

Phone: 985-758-7427
Hours: 8:30a.m. – 3:30p.m.



Asistencia escolar: La clave del éxito

Una de las cosas más importantes que su niño puede hacer para alcanzar el éxito académico es también una de las más básicas: ir a la escuela a diario. De hecho, la investigación ha demostrado que el récord de asistencia de su niño puede ser el factor más importante que influye en su éxito académico.

Beneficios de asistencia diaria

Si asiste a clases con regularidad, es más probable que su niño pueda seguirle el ritmo a las lecciones y a las tareas diarias, así como tomar las pruebas y exámenes a tiempo. También hay otras ventajas:

- El San Diego Unified School's District — distrito escolar unificado de San Diego — encontró que los estudiantes que asistieron a la escuela con regularidad tenían mayor probabilidad de pasar las evaluaciones de lectura y matemáticas que los estudiantes que no fueron a la escuela de modo regular.
- La presencia diaria en la escuela les brinda la ocasión de aprender la información necesaria para formar un académico exitoso.
- La asistencia escolar con regularidad también puede ayudar a los estudiantes que están aprendiendo inglés, ya que les brinda la oportunidad de dominar con mayor rapidez y exactitud las destrezas y la información que necesitan -ie incluso en otros temas!
- Además, con el solo hecho de estar presente en la escuela, su niño está aprendiendo a ser un buen ciudadano al participar en la comunidad escolar, aprende valiosas destrezas sociales, y desarrolla una visión del mundo más amplia.
- El compromiso que usted adquiere en cuanto a que su niño asista a la escuela también le enviará el mensaje de que la educación es prioritaria para su familia, que el ir a la escuela a diario es una parte crucial del éxito educativo, y que es importante asumir las responsabilidades de uno con seriedad -ya sea que se trate de ir a la escuela o de ir al trabajo.

Los estudiantes que faltan a la escuela por días, semanas o meses seguidos tendrán dificultades para pasar los cursos y para emparejarse con sus compañeros. En el caso de los estudiantes de más edad, las ausencias prolongadas pueden hacer más difíciles el que se gradúen de la escuela preparatoria.

Library News

Coca-Cola Fundraiser



We're excited to share that our school is part of the Coca-Cola Give program. This opens up Allemands to new funding opportunities to help purchase more library books.

The best part? Donations don't come out of your own pocket. When you make Coca-Cola purchases, you simply enter the product codes here: <https://us.coca-cola.com/give/schools/> and our school receives a donation.

Allemands Elementary make the most of this program and learn more at Coke.com/give.

Monthly Reading Program

"Reading is Where it's Hat" reading logs are beginning to trickle in. Any books, whether from school or home, can be written on the logs. Students that turn in completed logs will have their names announced during morning announcements and receive a reading certificate and a pencil. Be sure to turn your logs in to get credit for all of the reading I know you are doing!

"The more that you read, the more things you will know. The more you learn, the more places you'll go." — Dr. Seuss

Counselor's Corner

Did You Know?

Children who regularly eat meals with their families tend to do better in school and avoid risky behavior. Eating dinner together is great, but other meals count too. If you work at night maybe you could make time for a family breakfast. Or, on a weekend try a picnic lunch.

Dismissal/Transportation



All bus changes / car rider request need to be submitted in writing by 2:30 on a full day and 10:30 on an early dismissal day to aesbus@stcharles.k12.la.us. Bus changes need to include the student's name, teacher's name, bus number or animal (if known) and the physical address of where the student will be dropped off. Car rider request need to include the name of the student, teacher name, and the person who will be picking him/her up. Please try to keep your child's schedule as consistent as possible.

DRESS CODE



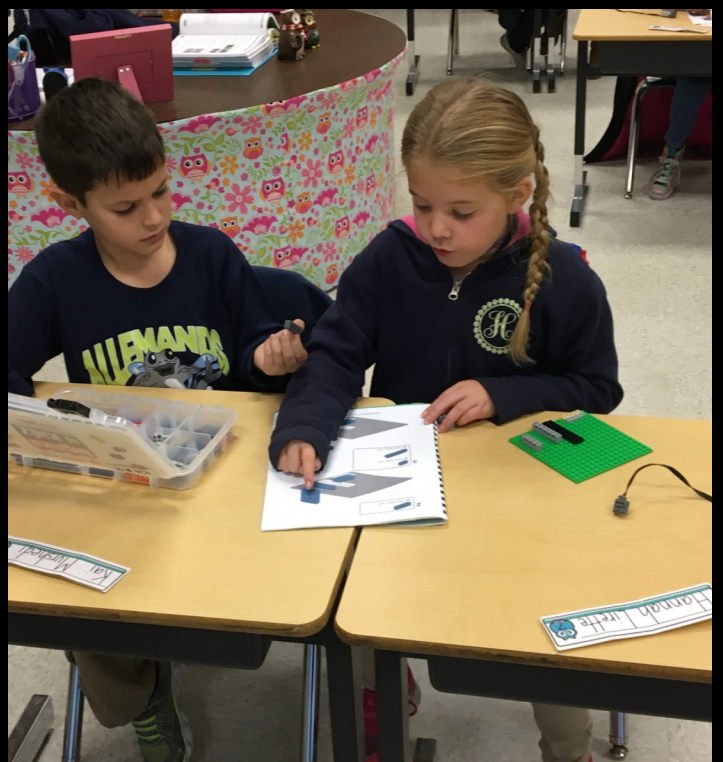
The following guidelines have been established and are included in the Code of Conduct Handbook. Any apparel for males or females should be worn as designed, i.e. belts, pants at waist, shoestrings tied, etc. All students must conform to the official dress code guidelines below:

Shirt - Collared white or navy blue dress/oxford or polo-type shirt. The official PTA school spirit shirt is allowed every day of the week. If a child has another AES school event or spirit shirt, they may wear it on Fridays only if it is white or navy blue. Please contact Mrs. Perrin if you have questions.

Pants/Shorts/Skirt/Skort/Jumper - Navy or Khaki (no shorter than 2' above the center of the kneecap).

We encourage all students to show their school pride by wearing spirit shirts with jeans on Fridays; however, the jeans must be solid blue, without tears and decorations.

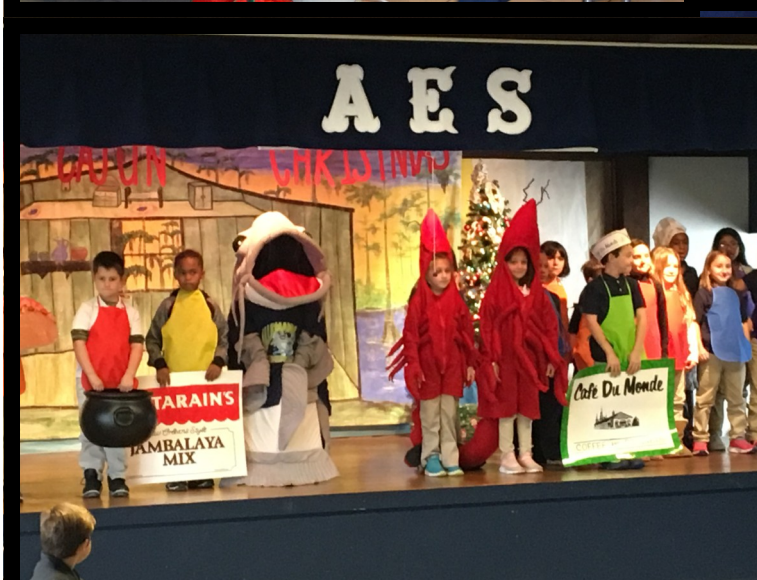
Bricks 4 Kids



Literacy Night



Christmas Play



Santa Visit



January 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2	3 Return to School	4 Stakeholder Action Group Mtg. 2:30	5
6	7	8	9 Report Cards Sent Home	10	11	12
13	14	15	16	17	18 Early Dismissal 12:35 Agency Coordi- nation Training @ Hurst	19
20	21 No School Martin Luther King, Jr. Day	22 Early Dismissal 12:35 Parent/Teacher Conferences 1:15-6:15	23 Early Dismissal 12:35 Parent/Teacher Conferences 1:15-4:15	24	25 Community Morning Meeting 9:15	26
27	28	29	30 Paint and Pizza Night	31		

St. Charles Parish
Public Schools

Elementary
Menus

January
2019



This institution is an equal opportunity provider. Menus are subject to change.



CAN IT.

Research continues to show that drinking regular soda has zero upside for your health and plenty of downside. Why not make this the year you and your family "can" your sugary soda habit? And satisfy your sweet tooth with fresh fruit!



Pro Football
playoffs start
Sunday, Jan. 6.
What team will
wear the crown?

WELLNESS IS A WAY OF LIFE!
EAT BETTER. PLAY HARDER. LIVE HEALTHIER. LEARN EASIER.

WE HAVE YOUR NEW YEAR'S RESOLUTION

Join us every day for
convenient, economical,
healthy meals!

Breakfast **Lunch**
\$1.10 - Full Pay \$1.50 - Full Pay
\$0.30 - Reduced \$0.40 - Reduced

Learn more about free and reduced-price meals on the Child Nutrition web-page at <https://www.stcharles.k12.la.us>

Thursday, January 3

Breakfast
Sausage Biscuit
Cereal w/Cheese Stick
Yogurt w/Gripz
Fruit or Juice Choice

Lunch
Breaded Chicken Sandwich
Crinkle cut Fries
Baked Beans
Applesauce

Friday, January 4

Breakfast
Egg & Cheese Wrap
Cereal w/Cheese Stick
Yogurt w/Gripz
Fruit or Juice Choice

Lunch
Beef Pot Roast w/Gravy
Mashed Potatoes
Steamed Corn
Sliced Peaches
WW Roll

Monday, January 7

Breakfast
Grits & Sausage
Cereal w/Cheese Stick
Yogurt w/Gripz
Fruit or Juice Choice

Lunch
Chicken Tenders & Fettuccini
w/Alfredo Sauce
Green Beans
Steamed Baby Carrots
Tropical Fruit

Tuesday, January 8

Breakfast
Chicken Biscuit
Cereal w/Cheese Stick
Yogurt w/Gripz
Fruit or Juice Choice

Lunch
Salisbury Steak
Mashed Potatoes
Fresh Steamed Veggie Medley
Wheat Roll
Apple Wedges

Wednesday, January 9

Breakfast
St Charley Cinnamon Roll
Cereal w/Cheese Stick
Yogurt w/Gripz
Fruit or Juice Choice

Lunch
Fish Sticks
Macaroni & Cheese
Cucumber & Tomato Salad
Baked Beans
Banana

Thursday, January 10

Breakfast
Sausage Biscuit
Cereal w/Cheese Stick
Yogurt w/Gripz
Fruit or Juice Choice

Lunch
Turkey Sausage Gumbo
Steamed Rice
Potato Salad
Garden Salad, Crackers
Pineapple Tidbits w/Cherries

Friday, January 11

Breakfast
Breakfast Bun
Cereal w/Cheese Stick
Yogurt w/Gripz
Fruit or Juice Choice

Lunch
Hamburger/Cheesburger
French Fries
Lettuce/Tomato/Pickle
Orange Wedges
Sugar Cookie

NUTRITION 7060

Can potato chips be part of a healthy meal? That depends. Is a jumbo bag of chips your entire meal? That's not too healthy. But a meal that includes a small bag of chips, a turkey sandwich with lettuce and tomato, a crisp fresh apple, and a glass of low-fat milk is quite nutritious -- and quite delicious, too!

A QUICK BITE FOR PARENTS

Available Daily

At Lunch:

Deli Sandwich Choice

With all meals:

Low Fat White Milk

or

Fat Free

Flavored Milk



What's on YOUR plate?



Q • How can you tell if your beans need a shower?!

A:

Dried beans in a jar like these don't need a shower, although some cooks like to soak them. Canned beans, however, have a lot of added salt, so it's best to give them a quick rinse before cooking them! Fresh, dried, or canned, beans are an incredible and inexpensive source of protein, plus they have very little fat, are loaded with vitamins and minerals, and are one of the best sources of fiber you can find. Eat more beans!



Learn more at www.CHOOSEMYPLATE.gov or http://kidshealth.org/kid/day_healthyfood/pyramid.html

Friday, January 18

Breakfast
Pancake/Sausage on a Stick
Cereal w/Cheese Stick
Yogurt w/Gripz
Fruit or Juice Choice

Lunch
Bosco Sticks (2)
Marinara Sauce Cup
Fresh Veggies w/Ranch Dip
Orange Wedges

Thursday, January 17

Breakfast
Sausage Biscuit
Cereal w/Cheese Stick
Yogurt w/Gripz
Fruit or Juice Choice

Lunch
Baked Chicken
Mashed Potatoes
Green Beans
WW Roll
Pineapple Tidbits w/Cherries

Wednesday, January 16

Breakfast
St. Charley Cinnamon Roll
Cereal w/Cheese Stick
Yogurt w/Gripz
Fruit or Juice Choice

Lunch
Chicken & Sausage
Jambalaya
Steamed Broccoli
Garden Salad
Garlic Bread
Banana

Tuesday, January 15

Breakfast
Chicken Biscuit
Cereal w/Cheese Stick
Yogurt w/Gripz
Fruit or Juice Choice

Lunch
Crunchy Tacos
Pinto Beans
Taco Salad Cup
Salsa & Shredded Cheese
Apple Wedges

Monday, January 14

Breakfast
Dutch Waffle
Cereal w/Cheese Stick
Yogurt w/Gripz
Fruit or Juice Choice

Lunch
Red Beans & Rice w/Sausage
Seasoned Mustard Greens
Steamed Carrots
Cornbread
Applesauce

Friday, January 25

Breakfast
French Toast Sticks
Cereal w/Cheese Stick
Yogurt w/Gripz
Fruit or Juice Choice

Lunch
Orange Tangerine Chicken
Steamed Rice
Stir Fry Veggies
Asian Chopped Salad
Pineapples w/Cherries

Thursday, January 24

Breakfast
Sausage Biscuit
Cereal w/Cheese Stick
Yogurt w/Gripz
Fruit or Juice Choice

Lunch
Beef Vegetable Soup
Grilled Cheese Sandwich
Garden Salad
Banana

Wednesday, January 23

Breakfast
St. Charley Cinnamon Roll
Cereal w/Cheese Stick
Yogurt w/Gripz
Fruit or Juice Choice

Lunch
Nachos w/Chicken Taco Meat
Pinto Beans, Salsa
Taco Salad Cup
Apple Wedges

Tuesday, January 22

Breakfast
Chicken Biscuit
Cereal w/Cheese Stick
Yogurt w/Gripz
Fruit or Juice Choice

Lunch
Fresh Hot Pizza
Garden Salad
Marinara Sauce
Fruit of the Month



School will be closed
Monday, January 21
in recognition of
Martin Luther King, Jr.'s
birthday.

Thursday, January 31

Breakfast
Sausage Biscuit
Cereal w/Cheese Stick
Yogurt w/Gripz
Fruit or Juice Choice

Lunch
Italian Beef & Cheese
Macaroni
Seasoned Green Beans
Italian Salad, Garlic Bread
Pineapples w/Cherries

Wednesday, January 30

Breakfast
St. Charley Cinnamon Roll
Cereal w/Cheese Stick
Yogurt w/Gripz
Fruit or Juice Choice

Lunch
Pork Stew w/Rice
Candied Yams
Steamed Cabbage
Brownie
Banana

Tuesday, January 29

Breakfast
Chicken Biscuit
Cereal w/Cheese Stick
Yogurt w/Gripz
Fruit or Juice Choice

Lunch
St. Charley's Chili
Tortilla Chips
Shredded Cheese, Salsa
Garden Salad
Apple Wedges

Monday, January 28

Breakfast
Confetti Pancakes
Cereal w/Cheese Stick
Yogurt w/Gripz
Fruit or Juice Choice

Lunch
Red Beans & Rice w/Sausage
Seasoned Mustard Greens
Steamed Baby Carrots
Cornbread
Applesauce



"Robot" sounds like a high-tech word, but it's not. It comes from the Czech word for "serf," which is the name used for a medieval peasant who was forced to work for free!